# Who is Served by the KY-Moms MATR Program?

# A Snapshot of Pregnant Clients at Baseline

The KY-Moms MATR case management program is administered by the Division of Behavioral Health in the Department for Behavioral Health, Developmental and Intellectual

Disabilities; KY-Moms MATR (502) 564-4456/ (800) 374-9146

This fact sheet summarizes characteristics reported by 80 pregnant women in the KY-Moms MATR program who completed a pre-birth baseline assessment between June 2020 and November 2021.

**RACE** 

AGE

MARITAL STATUS

**EDUCATION** 

**EMPLOYMENT** 





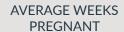


Married or cohabiting





66%
Not currently employed





24.8 Average weeks (range 5-39)

### PRENATAL DOCTOR VISITS



Average prenatal visits (range 0-25)

## PLAN TO BREASTFEED







### Risk Factors at Baseline

#### SUBSTANCE USE 6 MONTHS BEFORE PREGNANCY





40%
Reported alcohol use



72%
Reported cigarette use

40%

Reported using opioids with at least one other drug class 37%

Reported no opioid use and only other drug classes

#### ADVERSE CHILDHOOD EXPERIENCES (ACE)

**8%**None

**38%** 1 - 3 ACE

**33%** 4 - 6 ACE

**15%** 7- 9 ACE

8% 10 ACE

#### MENTAL HEALTH 6 MONTHS BEFORE PREGNANCY



48%
Met study criteria for depression



**41%**Met study criteria for generalized anxiety



30% Screened positive for post-traumatic stress disorder symptoms

# INTIMATE PARTNER ABUSE 6 MONTHS BEFORE PREGNANCY



43%
Reported any type of intimate partner abuse

